



WHY PLAY FLAG RUGBY?

Rugby is fun. Rugby builds character and resilience. Unconditional inclusions for play make the game, and our communities, happy, healthy, and more vibrant.

ABOUT US **Toronto Inner-City Rugby Foundation**

Toronto Inner-City Rugby Foundation (TIRF) is a rugby-centred community development organization. TIRF, a registered non-profit founded in 2011, believe that rugby can be used as a tool for social good.

By teaching children the fundamentals of sport through the Community Rugby Program, TIRF builds a pathway to performance and empowers young people to reach their full potential that extends beyond rugby.

TIRF wants to introduce children, in ages 6 to 14, to non-contact flag rugby in a safe environment. Sessions are led by certified instructors who have successfully completed a VSS (police check).

REQUIREMENTS

1. Flat open space. **For safety, we won't play on asphalt or cement.**
2. Camp Staff must be present and participate during the session

#TIRFplaysHere

WWW.TIRFRUGBY.CA

@TIRFRUGBY



PACKAGES & FREEMIUMS



#TIRFplaysHere

1/2 DAY SESSION

3 Hours

\$60*

- Two Instructors
- Rugby Balls
- Cones
- Flags

3 DAY SESSIONS

18 Hours

\$360*

- Two Instructors
- Rugby Balls
- Cones
- Flags

1 DAY SESSION

6 Hours

\$120*

- Two Instructors
- Rugby Balls
- Cones
- Flags

5 DAY SESSIONS

30 Hours

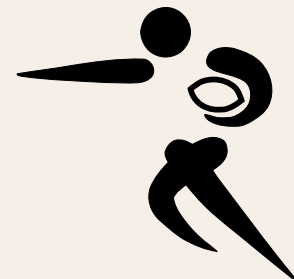
\$500*

- Two Instructors
- Rugby Balls
- Cones
- Flags

FREEMIUM OFFERINGS

- **FREE staff training** on how to be a Rookie Rugby Instructor

****Limited Availability.** Booked on a first-come, first-served basis



* PLEASE NOTE

1. Base price does not include HST and a 3% Processing Fee.
2. TIRF is dedicated to providing equitable access to sports, however, cost should never be a barrier to participation. If you believe that your school may qualify for a discount, please let us know.

FAQs

CLASSES

How long is a class?

Anywhere from 30 minutes to an hour.
It depends on the number and age of the participants.

How many groups fit in one session?

The three hour session can accommodate up to three groups.

What is the maximum number of children you can teach in a class?

40 campers.

FREEMIUM

Why are you offering freemiums?

We want to provide your summer campers with even more opportunities to play and embrace flag rugby. We do this by training your staff to keep on delivering the curriculum.

What happens in the Rookie Rugby Instructor Training?

It's a **hands-on training experience for your staff**. You will learn how to deliver the Rookie Rugby curriculum to your summer campers, so you can keep playing!

HOW TO BOOK

1. Visit our website: www.TIRFrugby.ca/booking
2. Select "**Book Now!**"
3. Fill out the form and provide two possible start dates
4. Receive an electronic invoice from TIRF within 48 hours
5. Accept the terms of the booking
6. Pay for your selected dates online by credit card within 72 hours
7. Receive an email confirmation that your dates are secured!

#TIRFplaysHere



WWW.TIRFRUGBY.CA

@TIRFRUGBY